

INCLUSIVE CRICKET SESSIONS

Suitable for those living with Dementia and/or any other long term health conditions



Walking Cricket, Table Cricket and Clock Cricket

Working in association with Dunmow Dementia Cafe, CVSU and Uttlesford Council

Sessions will be delivered by Essex Cricket

Mountfitchet Romeera Leisure Centre, Sports Hall, Forest Hall Road, Stansted, CM24 8TZ

Wednesday's 11:30am-12:30pm

• For more information, please contact richard.corby@cvsu.org.uk or 01371 878400 •



INCLUSIVE CRICKET SESSIONS



All sessions will take place on Wednesday's at 11:30am-12:30pm

Activity	Date
Walking Cricket	12th February
Table Cricket/Clock Cricket	26th February
Walking Cricket	11th March
Walking Cricket	25th March
Table Cricket/Clock Cricket	8th April
Walking Cricket	22nd April
Walking Cricket	6th May
Table Cricket/Clock Cricket	20th May
Walking Cricket	3rd June
Walking Cricket	17th June
Table Cricket/Clock Cricket	1st July
Walking Cricket	15th July